

HOW TO GIVE A NEW DIAGNOSIS: TIPS FOR DOCTORS

BE GENTLE

TALK TO US

- not about us to our parents

clearly state the diagnosis

- some of us have never heard of IBD

Make sure you look up & understand the medicine before you prescribe it

TELL THE TRUTH!

- don't "beat around the bush"

don't sugar coat things

- be as straightforward as possible

DON'T BE NEGATIVE

Have "kid-friendly" handouts that explain the medicines, how they work & side effects

DON'T RUSH US OUT OF APPOINTMENTS

- let the new information sink in

Be clear with us about possible outcomes & side effects of each medication

PROVIDE OPTIONS

- let us be part of the decision making

BE ACCESSIBLE TO YOUR PATIENTS

- make it easy for us to communicate with you